

## Personal Winter Walking

Date	Range / Region	Status E/M/S	Description – weather, route, group details, notable events	Peaks	Nights Out
24.12.93	Lake District Harter Fell	E	Harter Fell from Eskdale, in deep snow. Descent to the top of Hardknott Pass, & down the (closed) road. With my family.	1	
26.12.93	Lake District Sca Fell	E	Sca Fell from Eskdale, by Scale Gill, Slight Side & Long Green. Return by the same route. Deep consolidated snow on ground.	1	
31.12.94	Lake District Bow Fell	E	Bow Fell by Oxendale, Hell Gill, & Three Tarns. Return by The Band. Dry & cold, with sheet ice at all levels from the previous day's rain. Scoured snow above 2000'. With my family.	1	
09.04.95	Highlands Mamores	E	N Ridge of Stob Ban from Glen Nevis. Descent to Lochan Coire nam Miseach & by the Allt Coire a' Mhusgain. Poor visibility, with snow & ice above 1500'. With my family.	1	
13.04.95	Highlands Ben Nevis	E	Ben Nevis from Achintee, by the Old Pony Track. Return over the CMD Arête to Carn Dearg Meadhonach. Final descent to Achintee in dark. Complete snow cover above the Red Burn	2	
14.04.95	Highlands Creag Meagaidh	E	Creag Meagaidh from Aberarder, by the Allt Coire Ardair, & ascent via 'The Window'. Return by the same route. Snow above 2000' with poor visibility on the summit.	1	
30.12.95	Lake District Coledale Fells	E	Part of the Coledale Round. Ascent of Grisedale Pike, & Hopegill Head. Descended via Coledale Hause & Coledale Beck. Frozen solid at all levels. With my family.	2	
31.03.96	Highlands Cairngorms	E	Meall nan Sleac from Glen Feshie, return by Móine Mhòr, & descent by W flank of Carn Bàn Mor. Dry & sunny, with deep consolidated snow on the ground. With my family.	1	
02.04.96	Highlands Cairngorms	E	Croidh-ta from Drumguish. Descent E in to Gleann Chomhiaig. Snowing heavily, with 3" fresh snow on a firm base.	1	
03.04.96	Highlands Cairngorms	E	Ben Macdui from the Coire Cas car park, by the Fiacail a Choire Chais, Coire Domhain, & Lochan Buidhe. Return by same route. White out conditions caused by the fog, snow, & sun.	1	

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05.04.96	Highlands Cairngorms	E	Cairngorm from Coire Na Ciste, by Creagan Dudh. Return via Coire an t-Sneachda, & the Fiacail a Choire Chais, avoiding skiers on the Cairngorm slopes! Dry & very windy.	1	
26.12.96	Lake District Fairfield	E	PtoP walk, Ambleside to Toll Bar. Ascent of Red Screens from the S, then on to Dove Crag & Fairfield. Descent via Great Rigg & Tongue Gill Force. Low cloud, & fresh snow. With my brother.	2	
27.12.96	Lake District Helvellyn	E	Helvellyn, from Dunmail Raise, by Birk Side & Nethermost Pike. Return S by Dollywaggon Pike, & Grisedale Tarn. Descent by frozen Raise Beck. Dry & very cold. With my father & brother.	1	
30.03.97	Highlands Aonachs	E	Attempted Aonach Mór, via Coire Choille-rais, to Stob Coire an Fhir Dhuibb & Stob an Cul Choire, turned back on E ridge of Aonach Mór due to wet snow conditions.		
01.04.97	Highlands Grey Corries	E	The Grey Corries from Corriechoille, up to Stob Coire Easain, then Sgùrr Chòinnich Mor, & Sgùrr Chòinnich Beag, before crossing to Aonach Beag & Aonach Mór. Horrific conditions once on Aonach Mór. With my brother.	5	
15.02.98	Highlands Aonachs	M	<b>Scottish Winter Mountaineering Course, Alltshellach, (14–20/02).</b> Winter skills practice on Aonach Mór. Ascent from the top gondola station. Group of 12 with 3 instructors.		
16.02.98	Highlands Ben Nevis	M	Further winter skills practice in Coire Leis, approached from forest roads above Torlundy. Poor visibility & drifting snow.		
17.02.98	Highlands Aonachs	M	Winter skills practice on Aonach Mór. Lemming Ridge from the upper Gondola station. Return via the ski centre. Group of 4 with instructor.	1	
18.02.98	Highlands Ben Nevis	M	No. 4 Gully (I) on Ben Nevis, from Torlundy via the CIC hut. Gully complete. Dry & sunny. Return by same route.	1	
03.04.98	Highlands Loch Treig	E	Beinn Chlianaig from Fersit, by the Coire Làire. Deep drifting snow on ground, snowing, with very poor visibility. Lots of chance for navigation practice!. With my brother.	1	

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27.12.98	Lake District Great Gable	E	The Gables by Seathwaite & Base Brown, from Rosthwaite. Continuation to Esk Hause, & Esk Pike. Descent via Langstrath. Fresh snow on ground, snowing & windy. With my brother.	1	
21.03.99	Highlands Cairngorms	E	Attempted Beinn a' Bhuid, from Braemar. MTB down Glen Quioch. Walk up S flank of Beinn a' Bhuid. Turned back near summit due to horizontal hail & blizzard. With my brother.		
22.03.99	Highlands Cairngorms	E	Carn Adosa & The Cairnwell, from Glenshee ski centre. Blizzard conditions throughout, New snow on a hard base at all levels.		
23.03.99	Highlands Lochnagar	E	Lochnagar from Braemar. MTB up Glen Callater. Ascent around S flank of Carn t-Sagairt Mór, & Carn t-Sagairt Beag, before heading S of cliffs above Loch nan Eun. Snow at all levels.	1	
25.03.99	Highlands Cairngorms	E	Ben Macdui circuit from Derry Lodge. Ascent via Luibeg Bridge & Carn a' Mhaim. Return over Derry Cairngorm & Carn Crom. A beautiful day, walking in perfect snow.	1	
26.03.99	Highlands Cairngorms	E	PtoP walk. Glenshee Ski Centre to Braemar. Ascent via Glas Maol & Cairn of Claise. Descent N over Carn an Tuirc to road near Baddoch. Snow at all levels.	3	
23.12.99	Lake District Pike Of Blisco	E	Pike of Blisco from Side House, Langdale, by way of Wrynose Fell. Return by Red Tarn. Poor visibility with extensive ice & frozen turf. With my brother.	1	
09.04.00	Highlands Cairngorms	E	Ben a' Bhuid (N Top) from Inverey, by the Victoria Bridge, Mar Lodge, Glen Quioch & An Diollaid. Return over S Top. Snow above 1500'. With my brother.	1	
12.04.00	Highlands Cairngorms	E	Beinn Bhreac from Inverey, via Derry Lodge & Glen Derry. Return over Meall an Lundain. Fresh snow & poor visibility. With my brother.	1	
13.04.00	Highlands Cairngorms	E	Circuit to Corrou from Inverey, by Derry Lodge, with return via White Bridge. Deep drifting fresh snow made for hard work. An extremely strenuous day. Snowing continuously.		

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14.04.00	Highlands Cairngorms	E	An Socach from Inverey by Glen Ey. Descent to Altanour Lodge. A fantastically clear crisp day, some snow had been wind scoured level a solid base. Fantastic views. With my family.	1	
26.12.00	Lake District Great Gable	E	The Gables from Rosthwaite, by Base Brown. Return via the Moses Trod path on the W flank of the peaks, & down Honister Pass. Fresh snow & lots of ice on the ground. With my brother.	1	
27.12.00	Lake District Dale Head	E	A different approach to Newlands. Ascent to High Spy from Rosthwaite by the quarries, then N to Maiden Moor. Climb back over Scope End, Hindscarth & Dale Head. Ice & some snow.	3	
23.12.01	Lake District Crinkle Crags	E	The Crinkle Crags, from 'Long House' Langdale. Ascent by Hell Gill & Three Tarns, returning by Red Tarn. Poor visibility, with high winds & deep snow on the tops. With my brother.	1	
09.03.02	Stirling Ben Lomond	S	PtoP walk. Ben Lomond from Balmaha, then ascent by the normal route. Returned over Ptarmigan. Snow showers & scoured snow underfoot.	2	
12.03.02	Stirling Ben Lui	S	Ben Lui from Tyndrum via Cononish, by way of Stob Garbh, a steep snow covered ridge. Side trip to Ben a' Chleibh, then returned over Ben Oss & Ben Dubhcraig. A sunny day, with a mix of consolidated snow & deep drifts.	4	6 nights. Campsite.
13.03.02	Stirling Ben Challum	S	Ben Challum from Tyndrum, by Kirkton Farm, up the long S Ridge. Return over Càrn Chreag & Beinn Chaorach. Deep snow with drifting above 1500'.	3	
14.03.02	Stirling Crianlarich Group	S	Cruach Ardrain from Crianlarich, by Inverardran Forest, Grey Height & Meall Dhamh. Side trip to Beinn Tulaichean. Return by the same route. Very windy with snow showers, & poor visibility.	2	
21.12.03	Perth & Kinross Lawers Group	E	Attempted Meall Greigh from Fearnan. Turned back on NE shoulder due to storm force winds. Deep drifting snow. & extensive spin drift. With my brother.		
22.12.03	Perth & Kinross Lawers Group	E	Meall nan Tarmachan from Loch Tay (road closed). Walked to end of Lochan na Lairig, with ascent by N Ridge to summit. Return over Meall Garbh & descent by S ridge. Deep snow.	1	

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23.12.03	Perth & Kinross Lawers Group	E	Beinn Ghlas & Ben Lawers from the Visitors Centre. Returned on N side of Beinn Ghlas. Mountain practically deserted. Thaw starting to set in. Very poor visibility.	2	
18.03.04	Stirling Crianlarich Group	E	Beinn a' Chroin & An Caisteal, by way of the River Falloch. Side trip to Ben Chabhair. A strenuous excursion. Cut short route over Twisting Hill, as the weather deteriorated. Snowing heavily. Driving winds.	3	
19.03.04	Stirling Ben More	E	Ben More by Srón nam Fòrsairean in difficult conditions. Cut short the walk at the col before Stob Binnein, & walked out to Benmore Farm to avoid deep drifts on E slopes. Snow & wind!	1	
04.04.04	Perth & Kinross Glen Lyon	S	Loch Lyon to Creag Mhór. Headed up Beinn Heasgarnich, Headed S from the summit, to drop down to the col before Creag Mhór. Camped by the Allt Batavaim. Lots of snow, with poor visibility.	1	2 nights. Wild Camp.
06.04.04	Stirling Creag Mhór	S	Creag Mhór to Crianlarich, after being tent bound for 24 hours. Ascent by its SE ridge, then descent over Stob nan Clach to Auchertyre. Dry & sunny, with deep snow, some consolidated.	1	
24.12.04	Perth & Kinross Lawers Group	E	PtoP walk. Fearnan to Innerwick. Ascent of Meall Greigh then E to Meall Garbh & An Stuc. Descent by Allt a' Chobhair. Deep fresh snow. Snowing heavily. Poor visibility. With my father.	3	
26.12.04	Perth & Kinross Glen Lyon	E	Cam Creag & Meall Buidhe from Innerwick. Ascent via Coire Odhar. Return by Loch An Daimh & Gallin. Deep snow drifts remaining unconsolidated underfoot. Windy.	2	
23.02.05	Grampians Tarf & Tilt Hills	S	<b>Backpacking Expedition, (23-26/02).</b> Blair Atholl to Allt Sheicheachan Bothy, by Old Blair, & estate track. Very cold with hoar frost inside bothy. Drifted snow.		1 night. Bothy.
24.02.05	Grampians Tarf & Tilt Hills	S	Allt Sheicheachan to Tarf Hotel. Ascent of Beinn Dearg from the S, then descent to Tarf Water. Scoured snow ice on summit. Deep drifts else where. Bitterly cold with high wind chill.	1	2 nights. Bothy.
25.02.05	Grampians Tarf & Tilt Hills	S	Day Hike from Tarf Bothy. Ascent of An Sgarsoch from the S, then continuation to Carn Fhidleir, & return by Leachdann Féith Seasgachain. Snow at all levels. Dry & sunny.	2	

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26.02.05	Grampians Tarf & Tilt Hills	S	Walk out to Inverey. Tarf Water to Falls of Tarf, then N over Glen Tilt, & on to ruined Bynack Lodge, White Bridge & Linn of Dee. Sunny with high wind chill.		
27.02.05	Highlands Cairngorms	S	Carn Bhac from Inverey. Ascent via Top of the Battery, & descent by Carn Creagach & Carn Bhithir. Deep soft snow above 2000'.	1	
03.03.05	Highlands Cairngorms	S	Sgòr Mór from Inverey. Walk down Glen Ey, then climb to An Socach N ridge. Return over summit, then N to Carn Mór. Deep snow at all levels made walking very very tiring!	1	
06.03.05	Highlands Glencoe	M	<b>Winter Mountain Leader Training, Alltshellach, (05-12/03).</b> Winter Skills on Buachaille Etive Beag. Teaching use of Ice Axe. Party of 6 with 1 instructor.		
07.03.05	Highlands Glencoe	M	Working in Stob Coire nan Lochan. Security on steep ground, teaching use of crampons. Party of 6 with 2 instructors.		
08.03.05	Highlands Glencoe	M	Mountain Day. Stob Coire Sgreamhach from the Lost Valley, by an easy gully climb, (I). Return directly down the Lost Valley. Party of 6 with 1 instructor.	1	
09.03.05	Highlands Creag Meagaidh	M	<b>Backpacking Expedition, (09-10/03).</b> Aberarder to 'The Window'. Ascent by the Allt Coire Ardair. Snow holed 400m W of The Window.		1 night. Snow Hole.
10.03.05	Highlands Creag Meagaidh	M	The Window to Aberarder. Ascent of Creag Meagaidh & navigation practice on the summit plateau in poor visibility. Return over Puist Coire Ardair. Some strong winds on ridges.	1	
11.03.05	Highlands Aonachs	M	Skills consolidation day on Aonach Mór. Emergency snow shelters & further rope work. Ascent via Gondola.		
24.12.05	Stirling Ben More	E	Stob Binnein & Ben More from Auchessan via Leacann Riabhach. Return over Srón nam Fòrsairean. Frozen above 2000' with heavy rime ice on both summits. With my brother.	2	

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25.12.05	Argyll Bridge of Orchy Hills	E	Beinn Ulaidh from Glen Orchy. Return by same route. Dry & sunny. Frozen from valley level, with large icy sections. With my father.	1	
26.12.05	Argyll Ben Cruachan	E	Ben Cruachan traverse from Cruachan Falls station. Ascent via Meall Cuanail & return over Stob Diamh. Frozen at all levels. Dry & sunny. With my brother.	2	
27.12.05	Highlands Glencoe	E	Creise & Meall a Bhùiridh from White Corries Ski Centre. Ascent by Sròn na Creise. Descent via ski tows. Small amounts of new snow on the summits. Crampons used for descent.	2	
23.12.07	Cairngorms Ben Macdui	E	Attempted Ben Macdui from Coire Cas via Lurcher's Crag. Strong winds on plateau, so skied back to Fiacail a Choire. Difficult descent in 180kph winds. With my brother.		

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## Leading or Assisting with the Leading of Winter Mountain Walking Groups

Date	Mountain region	Status L/A	Type of group & for whom	Route description	Comments
10.04.98	Snowdonia Carneddau	L	3 Adults. Informal.	<b>Easter Expedition (09~13/04), Backpacking.</b> Llyn Eigiau Reservoir to Ogwen Valley, by Foel Grach, Carnedd Llewelyn & The Afon Lloer.	Deep drifting snow. Virtually no visibility. 2 nights camp in the Ogwen Valley.
11.04.98	Snowdonia Glyders	L	3 Adults. Informal.	Glyders day hike. Ascent via Tryfan N Ridge, then S Ridge to col. Avoided Bristly Ridge on E side. Return by Glyders & down Devils Kitchen	6" snow overnight, but ridges were ok. Mountain Rescue in action in Cwm Tryfan.
12.04.98	Snowdonia Glyders	L	3 Adults. Informal.	Ogwen Valley to Llyn Cowlyd Reservoir. Ascent of Cwm Tryfan, E to Foel Goch, & Nameless Peak then down to Capel Curig, & N to reservoir.	Fresh snow overnight. 1 night wild camp SW of Llyn Cowlyd Reservoir
13.04.98	Snowdonia Carneddau	L	3 Adults. Informal.	Llyn Cowlyd Reservoir to Llyn Eigiau Reservoir by Pen Llithrig y Wrach, & descent NE to car park.	Waist deep snow on Pen Llithrig y Wrach. Snowing all morning.
27.02.03	Highlands Torridon	L	2 Adults. Informal.	Traverse of Beinn Eighe. Ascent from Cromasaig, by the Black Carl Pinnacles, then across all the tops including Sàil Mhór & Ruadh - stac Mór. Descent by Coire Mhic Fhearchair.	Mixed ice, snow and rock on ridge.
28.02.05	Highlands Cairngorms	L	2 Adults. Informal.	PtoP walk. Baddoch to Inverey. Walk in by Baddoch Burn & then ascent of Carn a' Gheòidh. Return via Carn Bhinnein & Glen Ey.	Variety of weather & snow conditions encountered on route.

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